

2019

INTRODUCTION

National Survey on LGBTQ Youth Mental Health.

HA]g]gci f' d'fghk]XYf]ub[]b['fYdcfhZfca ' UVW'cg]g]V]cbU' bUh]cbU' g' fj YmcZ@ 6HE ' nci h' UVW'cg]g]hY1 b]hYX'GhUhg'k]h' ' cj Yf' (\$\$\$ fYgdcXbYbhz]h]ghY'Uf[Ygh' g' fj YmcZ@ 6HE ' nci h' a YbHU' \YU' h' ' Yj Yf V'ebXi V'W'X'UbX'dfcj]XYgU'V]h]h]V' i bXYfg]ubX]b['cZ'h'Y' dYf]YbW'g']a dUW]b['h'Y'f']j Yg'

H'Y'X'U'U'dfcj]XYgU'g'VYf]b['cc_ 'U'h'ck ' ZUf'k Y'gh]' \Uj Y'hc['c'hc' d'fch'V'W'@ 6HE ' nci b[']j Yg' '6i h'h'Y'g' fj YmU'g' fYj YUg' h'Y'fYg]]YbW'UbX'X]j Yfg]h'cZ@ 6HE ' nci h' UbX'dfcj]XYg[i]X'UbW'cb'k \U'h'V'V' Y' XcbY'hc YbU'Y'h'Ya 'hc'g' fj]j Y'UbX'h'f]j Y'

5a cb['gca Y'cZ'h'Y'_Y'm'obX]b['g'cZ'h'Y' fYdcfhZfca '@ 6HE ' nci h']b'h'Y'g' fj Ym

- **39% of LGBTQ youth** gYf]ci g'mi V'eb]g]XYfYX'U'h'Ya dh]b['g']M'X'Y]b'h'Y' dUgh'k Y'j Y'a cb'h'g'z'k]h' 'a c'f' h'Ub \U'Z'cZ'f'Ubg[YbXYf'UbX'bcb]V]bU'f'mi nci h' \Uj]b['g'f]ci g'miV'eb]g]XYfYX'
- **71% of LGBTQ youth** fYdcfh'X' ZY'Y]b['g]U'X'c'f' \c'dY'Ygg'Z'c'f'U'h'Y'Ugh' h'c'k' Y'Y_g]b'h'Y'dUgh'n'Y'U'f'
- **Less than half of LGBTQ respondents** k'Y'f'Y'ci h'hc'Ub'U'X'i 'h'U'hg]W'cc'z' k']h' nci h' 'Ygg']_Y'n'hc'X]g]V'cg'Y'h'Y'f]' [YbXYf]]XYbh]m'h'Ub'g]i i U'c'f]YbhU]h]cb
- **2 in 3 LGBTQ youth** fYdcfh'X'h'U'h' gca Y'cb'Y'f]Y'X'hc' V'eb]j]b'W'h'Ya ' hc'V'U'Ub[Y'h'Y'f]g]Y'i i U'c'f]YbhU]h]cb' c'f[YbXYf]]XYbh]m'h'k]h' nci h' k' \c' \Uj Y'i bXYf[c'b'Y'V'eb]j Y'fg]cb'h'Y'U'd'mi a'c'f'Y'h'Ub'h'k]W'U'g]']_Y'n'hc'U'h'Ya' dh' g']M'X'Y'U'g]h'cg'Y'k' \c'X]X'b'ch'
- **71% of LGBTQ youth**]b'ci f'g'i X'mi fYdcfh'X'X]g]W]a]b'U]h]cb' X'i Y' hc'Y]h'Y'f'h'Y'f]g]Y'i i U'c'f]YbhU]h]cb' c'f[YbXYf]]XYbh]m
- **58% of transgender and non-binary youth** fYdcfh'X'V'Y]b['X]g]V'i fU[Y'X' Z'fca i g]b['U'V'U'h'f'cca' h'U'h'V'ff'f'Y'g'cb'X'g' hc'h'Y'f['YbXYf]]XYbh]m
- **76% of LGBTQ youth** Z'Y'h'h'U'h'Y' f'Y'W'b'h'dc']h]W' W]a U'h']a dU'W'X'h'Y'f' a YbHU' \YU'h' 'c'f'g'Y'bg'Y'c'Z'g'Y'Z'
- **87% of LGBTQ youth** g]U]X']h'k' U'g']a d'c'f'h'U'h'hc' h'Ya 'hc' f'Y'U'W' 'ci' h' hc'U'W]g]g]b'h'Y'f] Y'bh]cb'c'f['Ub]n'U]h]cb' h'U'h'Z'c'W'g'Y'g'cb'@ 6HE ' nci h' UbX' **98%** g]U]X'U'g]U'Z'Y'g'd'U'W'g'c'V]U' b'Y'h'c'f']b['g]h'Y'Z'c'f'@ 6HE ' nci h' k' c'i 'X'V'Y']U'i U'W'Y'hc'h'Ya '

H']g]g' fj Y'm'Vi]X'g'i d'cb'V]h]h]W' f'Y'g'U'U'W' X'cb'Y'V'm'a U'bm'c'Z'ci f'dU'f'h'Y'f'c'f['Ub]n'U]h]cb'g' c'j Y'f'h'Y'n'Y'U'f'g'Ub'X'k' Y'U'f'Y'dU'f'h]W' 'U'f'mi d'f'ci X'h'U'h]h]g]b'W' g]j Y'c'Z'n'ci h' c'Z'a c'f'Y' h'Ub' %\$\$\$ g]Y'i i U'c'f]YbhU]h]cb'g'Ub'X' a'c'f'Y'h'Ub' %\$\$\$ [YbXYf]]XYbh]h]Y'g'Z'fca ' U') \$ g]U'U'g'U'W'c'g]g]h'Y'V'ei b'f'h'm' K' Y' \c'd'Y'h']g'f'Ydcfh'Y'Y'j U'h'Y'g'h'Y'j c]W'g' U'ob'X'Y'i d'Y'f]Y'b'W'g'c'Z'@ 6HE ' nci h'Z'd'f'c']X]b[']b]g] [\h'g'h'U'h'V'W' V'Y'i g'Y'X'V'm'h'Y'a U'bm' c'f['Ub]n'U]h]cb'g'k' c'f']b['U'cb[g]X'Y'h'Y'f'Y' c'f' D'f'c'Y'V'h'c'g' d'c'f'h'@ 6HE ' nci b['d'Y'c'd'Y' U'f'ci b'X'h'Y'k' c'f'X'K' Y'U'g'c' \c'd'Y'h']g'f'Ydcfh' g' \c'k' g'@ 6HE ' nci h' h'U'h'k' Y' \U'f'h'Ya z' h'U'h'Y'f']j Y'g' \Uj Y'j U'i Y'z'Ub'X'h'U'h'k' Y'U'f'Y' \Y'f'Y'hc'g' d'c'f'h'h'Ya '&(#' "

Amit Paley
7 9C / 9l Y'W'h]j Y'8]f'Y'V'c'f'
H'Y'f'Y' c'f' D'f'c'Y'W'

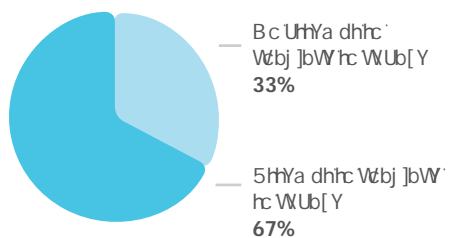
SUICIDALITY & MENTAL HEALTH

39% of LGBTQ respondents

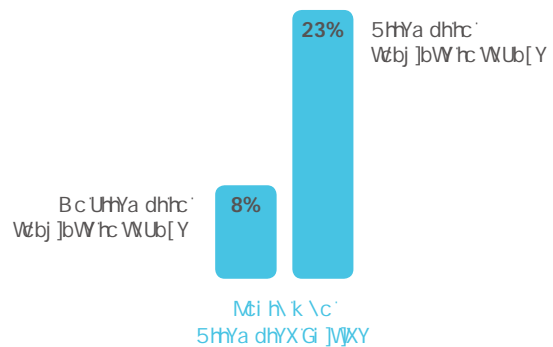
More than half



@ 6HE 'nci h'k \c' fYdcfhYX'gca YcbY' UhhYa dhYX'hc V'bj]bW'hc WUUb[Y' h'Yf' gYl i U'cf]YbhUj]cb'cf' [YbXYf']XYbh]hm.

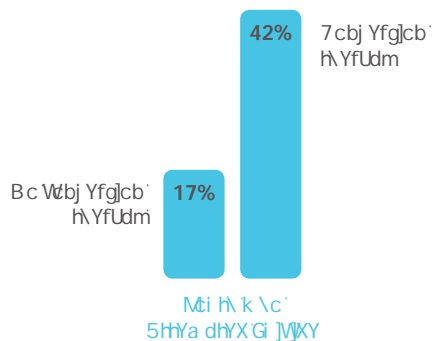


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@ 6HE 'nci h'k \c' fYdcfhYX'i bXYf[c]b' V'bj Yfg]cb' h'YfUdm.

57% of transgender and non-binary youth



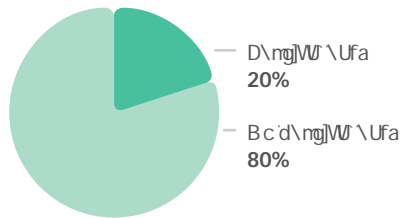
DISCRIMINATION & PHYSICAL HARM

71% of LGBTQ youth

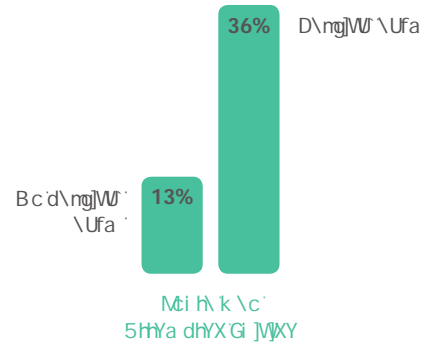
78% of transgender and non-binary youth

70% of LGBTQ youth

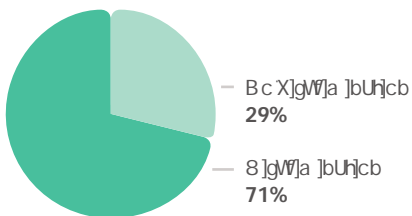
@ 6HE 'nci h'k \c' Yl dYf]YbWX'd\ngj]W' \Ufa' Xi Y'hc Y]h\Yf h\Y]f'gYl i U' cf]Ybh]cb'cf [YbXYf]XYbh]m



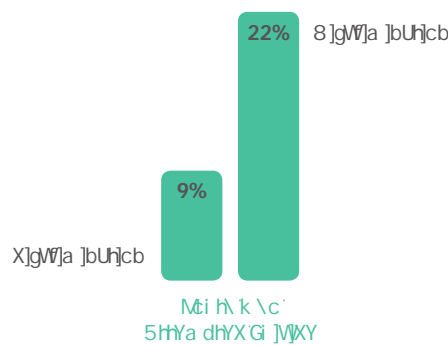
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@ 6HE 'nci h'k \c' Yl dYf]YbWX'X]g]W]a]bU]cb' Xi Y'hc Y]h\Yf h\Y]f'gYl i U' cf]Ybh]cb'cf [YbXYf]XYbh]m



M'ci h'k \c' UhhYa dhYX'gi]M]XYZ V'ta dUf]gcb'cZ'h'cgY'k \c' Yl dYf]YbWX'X]g]W]a]bU]cb' k]h' h'cgY'k \c' \UX' bch



58% of transgender and non-binary youth

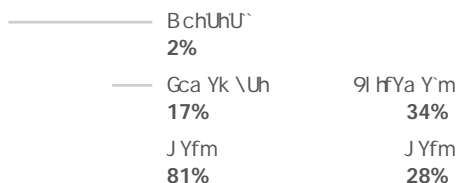
K Jh k \ca Xc'@ 6HE nci h\g\UfY'h Y]f ● sexual orientation'UbX' ●

; YbXYf]XYbh]mfZcf h\cgY]XYbh]Zn]b['
UgfhUbg[YbXYf UbX bcb!V]bUfnt]gX]gWcgYX'
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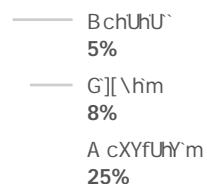
YOUTH SUPPORT PREFERENCES

76% of youth respondents

< ck j Ui UV`Y]g`Ub`@ 6HE ` gUZY!gdUW`bYrk cf_]b[`g]hY3



< ck]a dcfhUbhk ci `X]hVY hc`næi`hc` fYUW`ci hhc UVW]g]g]bhYfj Ybh]cb`cf[Ub]nUh]cb` ZcWgYX`cb`@ 6HE`næi`h\3



Gca Yk \Uhtc`
Yl hfYa Ymi b`_Ym
12%

BY]hYf`_LYm bcf`
i b`_Ym
11%

Gca Yk \Uhtc`
Yl hfYa Ymi`_Ym
76%

6HE 'mci h]b'h\Y'gi fj
fY'h\U' %\$\$ gYl i U'cf

6HE 'mci h]b'h\Y'gi fj Ym]XYbh]č
fY'h\U' %\$\$ [YbXYf]XYbh]h]Yg

RESEARCH

produce and use
innovative research
and clinical implications to the field

To address this mission we:

5Xj UbW'GVYbh]öW#bei]fmi

Dfcj]X]b[Ya d]f]M' XUUh VYHf'
i bXYfgUbxh\Y`j YgcZ@ 6HE mci h`
UbX'g]YXU']m]bW X]b[f]g_ZUMfcgž
dfchVWj YZUMfcgZUbX'ci hWta Yg'

Gi ddcfhH\YHFYj cf'Dfc'YVWj
@]ZY!GUj]b['K cf_

=bZcfa `Di V`]W? bck `YX[Y

METHODOLOGY

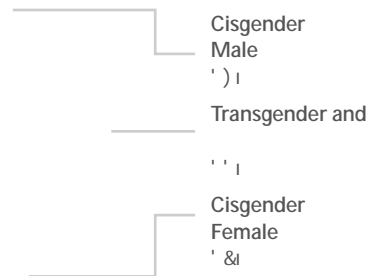
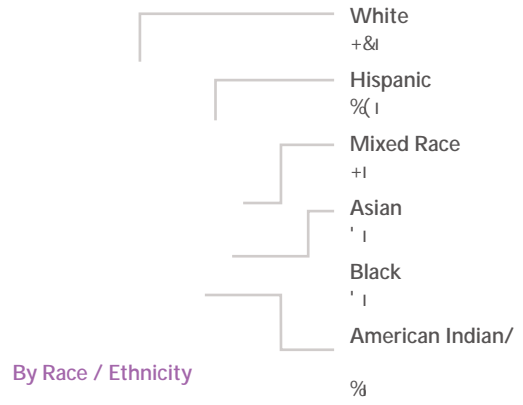
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k Ugi gYX'hc Wt`YVfXUHu] g]b[Ub'cb`]bY`
gj fj Ymid`UhZcfa VYtk Yyb: YVfi Ufm&Z
&,\$% UbX'GYdHYa VYf' \$Z&\$% "

5'gJa d'Y'cZ]bX]j]Xi U'gU[Yg% a&(`
k \c'fYg]XYX]b h.Y1 b]hYX GdUhgk YfY`
fYVfi]hYXj]U'fUf[YhYX'UXgcbgcV]U`
a YX]U'Bc'fYVfi]ha Ybhk UgVt'bxI VhYX`
j]UH.YHfYj cf Dfc'YVfIk YVg]h'cf`
HfYj cfGdUW`"FYgcbXybhgk YfY'XYdbYX` !`
UgVY]b[@ 6HE]Zh.Ym]XYbh]dYXk]h`
U'gYI i U'cf]YbhU]cbch Yf h.Ub'ghU][\h#
\YhYfcgYI i U'zU[YbXYf]XYbh]mch.Yf`
h.Ub'V]g[YbXYfZcfVch`"-b'cfXYf'hc Ybgj fY`
fYF

METHODOLOGY

PARTICIPANTS

Mi h' dUfh]V]dubhg]b'h.Y'gi fj Ymk YfY fYVWi]h'X VfcUX'mUbX' fYdfYgYbh'X'Uk]XY!fUb[YcZ'h.Y@ 6HE Vta a i b]m'



: cf'cj Yf &\$ mYUfgzk Y\Uj Yk cf_YXfc'gUj Y'
nci b["]j YgVmdfcj]X]b['gi ddcfh\fcj [\'
HFYj cf'aj ZFYU UbX Vt'bdXYbh]U' V]g]g'